Town Tours:

For a vivid account of the strategic importance of Kinsale and its extraordinary fortifications, join **Don and Barry's Kinsale Historic Stroll**, departing at 11.15am daily from the Tourist Office plus May-September 9.15am Monday-Friday, rain or shine! As the pioneering daily walking tour in Kinsale, it has been categorically rated 'Kinsale's single best attraction' in Rick Steves' Ireland Guide and lauded in Frommers for its 'local knowledge second to none'!

Dermot Ryan's Kinsale Heritage Town Walks, rated as the Top Attraction by Tripadvisor, Best Guide in Ireland on Irish Independent and "The ideal way to see Kinsale and learn its history" by the Irish Times, uses a unique blend of old photographs and maps to show the heritage of this special town. Daily from the Tourist Office, 10.30am & 3pm (by appointment), lasting an Irish hour, Rain or Snow! Adults, €5, Children free, special group rates. www.kinsaleheritage.com

For an alternative walk around the town check out the **Kinsale Ghost Tours**, Sundays to Fridays throughout the summer at 9pm from the Tap Tavern Bar. Brian, your tour guide, will charm and delight you with his stories and knowledge about the French Prison, The Curse of St. Multose, Body Snatchers, Smugglers Haven, The Battle of Kinsale 1601 and the legend of The White Lady. If you are lucky, you might meet some locals like good old Seáno Barry along the way. For more information call 087 9480910.

For detailed walking routes, see back cover of this map.

KINSALE - INFORMATION & ACTIVITIES

You will need to leave out the 021 prefix when dialing from Kinsale & Cork from a landline.

EMERGENCY SERVICES:
Emergency 999
Garda Síochána 021-4772124
Auto Breakdown 021-4772302
Doctor 021-4772717
Dentist 021-4772788

INFORMATION:
Kinsale Chamber of Tourism 021-4774026
Tourist Office, Pier Rd (early 9.15am-5pm, closed for lunch) 021-4772234
Extra opening during the Summer season. Email: kinsaletic@eircom.net
Marina (KYC) 021-4772611
Harbour Master 021-4772503

BUS ROUTE 226
Kent Train Station to Kinsale, Monday to Saturday: 5.55am, 6.50am, 7.50am, 8.50am, 9.50am, 10.50am, 11.50am, 12.50pm, 1.50pm, 2.50pm, 3.50pm, 4.50pm, 5.50pm, 6.50pm, 7.55pm, 8.55pm and 9.55pm with stops at Bus Station, Cork Airport, Riverstick, Belgooly, terminating in Kinsale, and on **Sundays:** hourly from 6.55am until 9.55pm.
Kinsale to Kent Station, Monday to Sunday: Every hour on the hour from 7am to 11pm with stops at Belgooly, Riverstick, Cork Airport, Bus Station terminating at Kent Station.
Bus at 11pm terminates at Cork Bus Station. www.buseireann.ie

ACTIVITIES:

HISTORICAL:
Charles Fort 021-4772263
Open Oct-Mar. Daily 10am to 5pm. Last adm 4.15pm.
Open Mar-Oct. Daily 10am-6pm. Last adm 5.15pm.
Desmond Castle & International Museum of Wine
Open 10am Easter to Mid-Sept. Last adm 5.15pm. 021-4774855
Courthouse & Kinsale Regional Museum,
Open St. Patrick's Day 10am-4pm.
Open from Tuesday 5th April, Tuesday to Saturday 10am to 2pm (Subject to change).
St. Multose Church - Apply within for details & times.

TOURS:
Scenic Cruises depart from Pier Rd 087-2505456
Heritage Walk from Tourist Office 10.30am & 3pm daily 086-8267656
Historical Stroll, from Tourist Office 11.15am daily 021-4772873
Ghost Tours Sun-Fri 9pm (Tap Tavern nr St Multose) 087-9480910

OUTDOOR ACTIVITIES:
Grown Surf School 087-8768549
H2O Sea Kayaking 087-3931633
Kinsale Boat Hire 087-1747585
Kinsale Equestrian Centre 086-8530894
Myle Murphy Fish Tackle & Cycle Hire 021-4772703
Pitch and Putt 087-2240217

CHURCHES:

Carmelite Friary
Sunday Masses at 8.30am & 11am, Saturdays 10am
also Monday to Friday 7.30am & 10am. 021-4772138

Parish (Roman Catholic)
Masses Sunday 10am & 12 noon. Saturday at 11am & 6.30pm.
Mon - Fri 8.30am. 021-4773700

St Multose Church (Church of Ireland)
Sunday Service 8am & 11.30am. 021-4772220

Methodist Church
Sunday Service 10am. 021-4505574

Ballinspittle (Roman Catholic)
Masses Saturday 8pm. Sunday at 11.30am

Book your space now for 2017/18
YOUR LOCAL MAP - FIRST COME, FIRST SERVED
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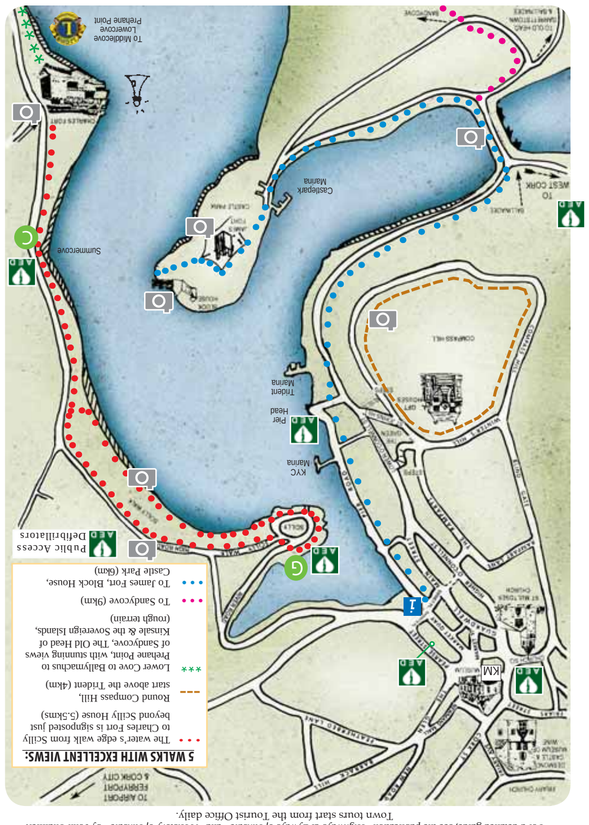
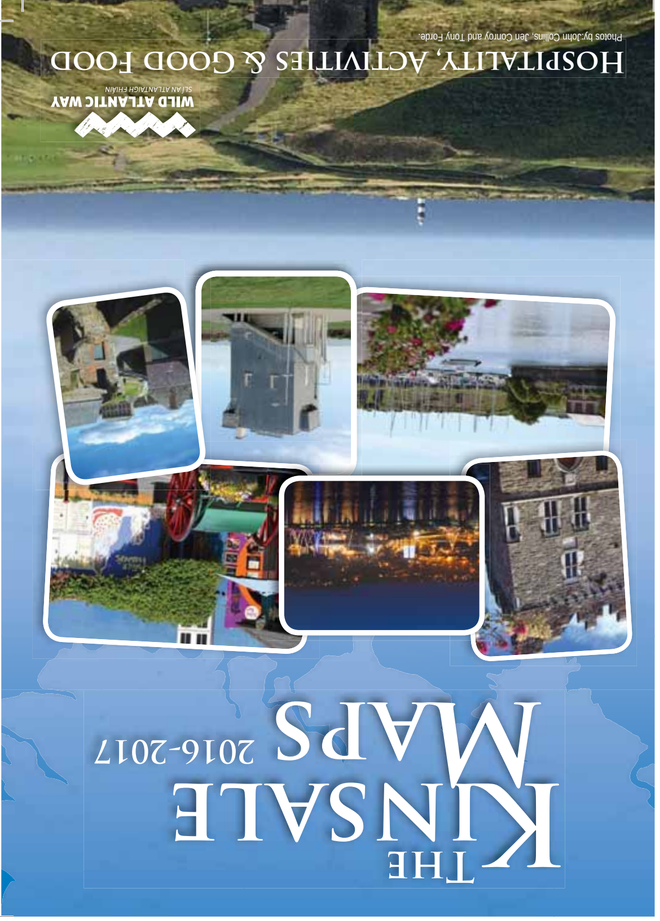


- A WALKING GUIDE -

Approximate return distances from Tourist Office marked **1**
For a detailed guide, see the publication "*Highways & Byways of Kinsale*" and "*A History of Kinsale*" by John Thullier.
Town tours start from the Tourist Office daily.



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Old Head Signal Tower
Lusitania Memorial
42 43

9/11 Garden of Remembrance
44

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Tel: +353 (21) 4813591
Find Cobh the Queenstown Story on Facebook.
Email: info@cobhheritage.com
Web: www.cobhheritage.com
31

Garrettstown Wood, located on the edge of Ballinspittle Village covers an area of 200 hectares and is an extremely popular amenity which is also steeped in history.
There are two waymarked woodland trails to enjoy within this woodland. Garrettstown or Castle Courtmacsherry is originally part of the Frank's Estate.
29

A Breath of Fresh Air!
Take to the outdoors with a visit to the
OLD HEAD SIGNAL TOWER
Kinsale, Co. Cork
DISCOVERY POINT
- LUSITANIA MUSEUM With artefacts from the Wreck
- REST ORED NAPOLEONIC Signal Station
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Flag and Ball Signalling System
Open April to Oct, 10am-6pm
Open Days at the Old Head Lighthouse on Sat 23rd April & Sat 28th May.
www.oldheadofkinsale.com
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Coastal Drive & Blue Flag Beach
Follow the R600 west over the bridge for :
Scenery: Blue flag beach, Signal Tower, Old Head of Kinsale, cliffs, river bank strolls.
Villages to visit: Castlepark, Ballinspittle, Ballinadee, Garrettstown, Kilmacsimon
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On dry land: Pitch & Putt, Golf, Horseriding, forest walks, Lusitania Monument, Ancient Churches & Burial grounds, Historical sites, Garden of Remembrance 9/11, Playground.
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51

KINSALE 2016-2017

KINSALE marks the starting point of the **Wild Atlantic Way,** a 2,500km touring route of magnificent Atlantic coastline. The town can easily claim its place amongst Ireland's most historic and attractive locations, for it has been a centre of population, commerce, trade and fishing for centuries. Where we now can see leisure craft in Kinsale Harbour, hundreds of fishing boats would have been a common sight, bringing mackerel and herring to the town with all the necessary trades of coopering (barrel-making), net repairing, and sail making. Boats still land their catch at the end of Pier Rd. On Pier Rd stands a simple memorial to people who lost their lives at sea, and a sculpture depicting steel and running water was commissioned in 1986.

The earliest records show that a small walled area was founded as the town of Kinsale in the 12th Century by the Anglo-Normans. By the time it received its first charter from Edward III of England in 1334, Kinsale was already a thriving town and port, and in 1666 it was described as "one of the most significant harbours in Europe", trading in wine and in salt. Kinsale was already becoming established as the first port of call for shipping from America and from the Continent. At the same time, supplies of agricultural produce and fuel turf could be brought into Kinsale from the surrounding countryside by means of the River Bandon. This waterway needed defences, and two of the many castles which guarded it still remain: Shippool Castle, two miles south of the village of Innishannon overlooking a bend in the estuary, and Downdaniel Castle, a mile and a half upriver from the village. Two major fortifications also remain to this day as witness to the need to protect Kinsale from attacks from its seaward side: James Fort and Charles Fort. A significant port and town, with garrison based at Charles Fort, Kinsale continued to prosper through the 18th and 19th centuries.

The most famous event in Kinsale's history is perhaps the Battle of Kinsale in 1601. Signposts to the various military camps involved in this conflict can be seen on the approach roads to Kinsale via the village of Dunderrow and proclaim respectively "The Irish Camp" and "The English Camp". Spain was one of the richest and most powerful countries in Europe in the 16th Century, and the growing power of England was seen as a threat to Spain. 3,000 Spanish troops fought with the Irish under the leadership of O'Donnell and O'Neill to challenge the power of the English. The battle went badly for the alliance, who sustained heavy losses compared to the better organised English. The Spanish were given ships and a safe passage back to Spain; O'Donnell and O'Neill returned up-country. References to Kinsale's most famous battle are reflected in business names around the town: The Spaniard, The 1601, etc. The rebellion quashed, the English continued to fortify Kinsale against future attacks by constructing James Fort and Charles Fort on the sites of earlier castles. The English influence can be seen in the magnificent Georgian style town houses. Kinsale boasts many interesting and historic buildings which can easily be seen as you tour the narrow streets on foot. Guided town tours start from the Tourist Office daily.

St. Multose Church:

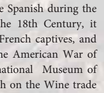
Built in 1190 and dedicated to the patron saint of Kinsale, the church was probably built on the site of an earlier 6th century church of the same name. It was here that Prince Rupert proclaimed Charles II as King of England when the news of the death of Charles I was received. It is one of the oldest Protestant Churches in Ireland, the town stocks are amongst the interesting features.

Desmond Castle:

The 16th century customs house for wines, wood and tobacco, also a residence, Desmond Castle was used as an arms store by the Spanish during the siege of 1601. In the 18th Century, it was used to house French captives, and later to house prisoners taken during the American War of Independence. It is now also the International Museum of Wine, depicting the influence of the Irish on the Wine trade worldwide.

The Green:

Of great value to the town, for originally there were few places within the walls which could be used for sport. Many famous people who passed through Kinsale used this bowling green.



The Courthouse:

Otherwise known as The Market House, was built in 1600 and the frontage was added in 1706. It now houses Kinsale Regional Museum where you can see interesting items from a bygone age: artifacts from all sorts of different trades including a blacksmith's forge, authentic parts from ancient ships, costumes, lace and needlework from the Convent School by the Gifthouses which was open up to half a century ago. Upstairs, the interesting panelled courtroom was the setting for the inquest into the loss of the liner Lusitania off the Old Head of Kinsale. This report, together with fascinating documents in which townspeople are reprimanded for minor offenses, can be read in this room.

Southwell Gift Almshouses:

Built in 1782 by Sir Robert Southwell, given after his death into the care of the Bishop of Cork and his successors.

1916 Memorial:

Kinsale History Society has commissioned a memorial to commemorate the men and women of Kinsale and District who participated in the War of Independence. Unveiled on Easter Sunday 2016, the memorial is located at the Town Park.

Charles Fort:

Perhaps the best known attraction in the area, can be found on the road beyond Summer Cove. It is open all year round and is one of the finest surviving examples of a 17th Century Star Fort, ie. star-shaped. Much of the construction which was begun in 1678 still remains. The fort has two enormous bastions overlooking the harbour, and three looking inland. Within its walls was all the accommodation needed for the garrison of the fort and their families. It was in use up to 1922. Today there are Exhibition Centres and guided tours available to visitors as well as delightful Tea Rooms (Tea Rooms open 7 days June to September, open weekends Easter to June and October).

Trinity Well:

Situated at Fort Hill, about two hundred yards northeast of Charles Fort, is Trinity Well. The well was derelict for close to 100 years until local volunteers set about restoring it. On May 26th 2013 (Trinity Sunday) the well was blessed and re-dedicated by the local clergy. The practice of walking around the well in a clockwise direction, called a pattern or rounds, was re-established.

James Fort:

The first Star Fort built to protect the town was named after James II when he landed here in his efforts to regain the throne of England. In 1601 the fort was occupied by the Spanish, and after the Battle of Kinsale it was rebuilt because of its defensive value. After the construction of Charles Fort, its importance declined although there is still much to see, and fine views can be had of the area from this point.

The Stone of Destiny:

On the 400th anniversary of the Battle of Kinsale, the councils of Cork County and Kinsale erected an Irish Chieftains chair at Millwater. Executed by the well-known Cork sculptor, Ken Thompson, it is composed of stones brought from the four Provinces of Ireland to acknowledge the participation of those who joined the chieftains at Kinsale on that momentous day.

The empty chair is a universal symbol of loss, at Millwater it stands where Ireland lost control of its destiny, its heroes and the treasures of its ageless Gaelic civilisation and for the many empty chairs in Irish homes as a result of famine and emigration in the centuries of Empire.

9/11 Garden of Remembrance:

Located at Ringfinnan, Kinsale, the Garden of Remembrance was the idea of the late Kathleen Cait Murphy. Ms. Murphy wanted to provide a memorial to the firemen who perished on September 11th 2001 along with their chaplain, Fr. Michael Judge, a personal friend of hers during her 30+ years in New York. A tree was planted for each of the 343 firemen and Fr. Judge on her land at Ringfinnan.

The Old Head of Kinsale:

Long popular for its scenic splendour, has been battered into many spectacular formations by millennia of storms. The panoramic views in all directions can now be fully appreciated from the parapet walk at the top of the newly restored Signal Tower which stands on the highest point of the peninsula. The view to the south overlooks the Golf Links and the magnificent Old Head Lighthouse.

Lusitania Museum/ Old Head Signal Tower Heritage Centre :

The first Signature Discovery Point at the southern end of the Wild Atlantic Way. The Signal Tower is one of the 81 such Towers built along the coast from Malin Head to Dublin in 1804. They were built by the British military in response to the threat of Napoleonic invasion of England through the 'back door'. Each Tower can be seen from the two on either side so that signals based on Flags and Balls and an agreed code could be set up to pass the vital message to Dublin Castle in the shortest possible time - less than 2 hours from Bantry to Dublin it is claimed.

The Cunard Luxury liner, the Lusitania, was torpedoed and sunk on May 7th 1915. The wreck lies in 90 metres of water about 20 Km due south of the Old Head Lighthouse, making the Old Head the nearest point of land to the wreck site.

Lusitania Monument

You can now park in the grounds of the Signal Tower and walk to the nearby WAW signpost and photo point and proceed along the path directly into the grounds of the Lusitania monument. This beautiful sculpture was placed here 20 years ago to commemorate the victims of the Lusitania tragedy. Each year on May 7th a commemoration is held at the monument.

The Blue Flag beaches of Garrettstown and Garrylucas, at the foot of the Old Head peninsula, bring to mind for many the long beautiful stretches of sand and sea with associated memories of carefree days and glorious sunshine. Many watersports activities are now available at Garrettstown.

We hope you'll have the sort of holiday in Kinsale and surrounding area that will make you want to come back year after year.

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10.30am Daily & 3.00pm (by appointment)
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Tours run throughout the Summer: Sundays to Fridays, 9pm
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E: info@bluehavenkinsale.com
www.bluehavenkinsale.com Open 7 days
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Café: 8am-6pm (Open til 10pm in Summer)
D: 12pm-9pm (Winter), 12pm-10pm (Summer)

C Bulman Bar & Toddies Restaurant
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D Finns' Table
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T: 021-4709636
E: info@finnstable.com
www.finnstable.com
D: Winter: Open Thurs, Fri & Sat from 6pm.
Summer: Open 7 days from 6pm.

E Fishy Fishy
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T: 021-4700415
E: fishyfishycafe@eircom.net
www.fishyfishy.ie
Open 7 days from 12pm-9pm

F Jim Edwards
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E: info@jimedwardskinsale.com
www.jimedwardskinsale.com
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D: Nightly 5.30pm-10pm

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www.manfridaykinsale.ie
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L: Sun 12.30pm
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E: info@tridenthotel.com
B: 7.30am-10am BF: Daily 12pm-9pm,
C: 12.30pm-2.30pm
Bistro: 5pm-9pm, D: 7pm-9pm

I Restaurant d'Antibes
@ The White House, Pearse St.
T: 021-4772125 E: info@whitehouse-kinsale.ie
www.whitehouse-kinsale.ie
B: 8am-11.30am
BF/Bistro: Daily 12pm-10pm
D: Daily 6pm-10pm

J The White Lady Hotel
Lower O'Connell St.
T: 021-4772737
E: info@whiteladyhotelkinsale.ie
www.whiteladyhotelkinsale.ie
D: Mon-Sat 5pm-10pm
L: Sun 1pm-10pm

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fáilte go cionn tsáile
tá súil againn go mbainfidh sibh taitneamh as ár mBaile álainn

Peter Barry,
who sadly died in 2006, not long after he presided at the unveiling of the tribute statue of himself, will long be remembered as the driving force behind tourism in Kinsale for many years. A great friend and inspiration to everybody who worked in tourism.
- Many thanks Peter...

27
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38
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7
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25
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24
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